

Moms With A Mission

Dedicated To Informing The Community Of The Devastating Effects Of
Subluxation On A Child's Body

ANTIBIOTICS CAN'T CURE ALL THAT AILS YOU

Doctors wrote 12 million antibiotic prescriptions in a single year for colds, bronchitis and other respiratory infections against which the drugs are almost always useless, a study found. Such indiscriminate use of antibiotics has contributed to the emergence of drug-resistant bacteria, a growing problem in the United States, the researchers said. More than 90% of upper respiratory infections, including bronchitis and colds are caused by a virus and are therefore impervious to antibiotics. Doctors usually know this, but studies have suggested they may yield to pressure from the patients – or what they perceive to be the patients' expectations – to prescribe a drug, even if it is unlikely to help. "Every time we use an antibiotic, we run the risk of promoting antibiotic resistance, or drug resistance, by bacteria," said the lead author, Dr. Ralph Gonzales.

SOME MOTHERS FEEDING INFANTS WATER DESPITE WARNINGS

Many mothers give babies water in addition to breast milk or infant formula even though it is unnecessary and possibly dangerous, federal researchers say. If an infant ingests too much water, the baby can suffer "oral water

intoxification," which occurs when the necessary sodium in the blood becomes so diluted that the body can't function properly. The result can be an altered mental state, abnormally low body temperature, bloating and even seizures. Babies less than a month old are especially susceptible because they cannot filter water out of their systems as fast as older infants.

FOR EAR INFECTIONS, MORE OF SAME IS BEST

Despite the emergence of drug-resistant bacteria strains, the old standby antibiotic amoxicillin is still the best first-line treatment for children's ear infections – but doctors should double the standard dose. Drug resistance has become a major problem in this country because of antibiotic misuse, and over-treatment of ear infections has been a big contributor. About one-third of ear infections are asymptomatic and happen to get diagnosed during well-baby checkups. "One of the most important steps in using antibiotics more wisely is not to treat those kids."

"What a difference the schools, homes, and day cares would be with 100% nerve function in every child."

Dr. Stephen Kobrin

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